**Food Service Occupations 2 Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Unit 5: Salad and Salad Dressings Period:\_\_\_\_\_\_\_\_**

There are 7 types of salads: Fruit, Vegetable, Leafy Green, Meat, Seafood, Gelatin and Pasta. You are to pick 2 of the categories, and pick one recipe for each that is something you would both like to make and like to eat. **Attach both recipes to this worksheet.** After you have picked your recipes, answer the following questions about both:

Recipe 1

1. What is the name of your recipe?
2. Where did you find it from?
3. What category would your recipe fall under?
4. What is the body of your salad?
5. What is in the dressing of your salad?
6. Is the dressing oil & vinegar, mayonnaise, or boiled/cooked?
7. Why did you decide to pick this recipe?

Recipe 2

1. What is the name of your recipe?
2. Where did you find it from?
3. What category would your recipe fall under?
4. What is the body of your salad?
5. What is in the dressing of your salad?
6. Is the dressing oil & vinegar, mayonnaise, or boiled/cooked?
7. Why did you decide to pick this recipe?