Name

**Elder Care: Study Guide T2 Assessment**

1. What is Gerontology?
2. What is Geriatrics?
3. What are the 6 Defense Mechanisms? Explain them.

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1. What happens to Personality Traits in Old Age?
2. Why do the elderly struggle with self-image in retirement?
3. Which group of elderly volunteers the most?
4. What traits does an elderly person portray if they have successfully adjusted to aging? What about if they are unsuccessful?
5. Why are the elderly’s frustrations similar to a teenager?
6. What is behavior modification?
7. What does unskilled vs. skilled mean? What about conscious vs. unconscious? Give an example of a typical progression through these stages?
8. Describe a heart attack.
9. Describe heart disease.
10. Describe a cor pulmonale.
11. Describe a stroke.
12. Describe osteoporosis.
13. Describe arthritis.
14. Describe Cataracts.
15. Describe glaucoma.
16. Describe ALS.
17. What is the goal of Grief?
18. Explain Denial & Isolation.
19. Explain Anger.
20. Explain Bargaining.
21. Explain Depression.
22. Explain Acceptance.
23. What is a Mourning Ritual?
24. What is the average cost of a funeral?
25. What does a traditional or full service funeral usually include?
26. What should be in a eulogy?
27. Why might someone prepay for their funeral?